

*“Committed Relationships are our
Greatest Renewable Resource. Rediscover
the Best in Your Relationship!”
- Relational Renewal*

At Relational Renewal, we specialize in programs proven to enhance and strengthen relationship bonds. Whether you're in a healthy relationship that benefits from positive nurturing. Or, in the throes of one of life's many challenges such as managing dual careers, daily parenting, military deployment, separation, divorce, etc. – we have programs that cater to renewing the bonds that brought you together.

In addition to families, relationships in the workplace need nurturing during perplexing times. We have a program specifically designed to foster team building for workplace groups.

*“Relationships, like natural resources,
require active attention in order to
keep them fresh and vital.”
- Relational Renewal*



**Relational
Renewal**

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RelationalRenewal.com



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Relational Renewal

**Renewing the bonds that
brought you together.**

What We Do

Relational Renewal provides workshops and retreats for couples, families and workplace groups. The experiences we offer are designed to strengthen relationships through research-based educational programs that focus on communication, conflict management, commitment, friendship, problem-solving and emotional support.



Why We Do What We Do

The overall quality of a person's life is ultimately determined by the success of his/her relationships. Relationships occur in our personal spaces where we spend time with intimate partners, family, friends and neighbors and in professional settings where work requires us to interact with colleagues and clients. It is the cumulative emotional health of our relationships that ultimately influences our overall well-being.

Some of the Workshops We Offer

Prevention and Relationship Enhancement Program (PREP)

aims to help couples maintain high levels of functioning and prevent marital problems from developing. Some of the topics we cover include communication, conflict management, commitment, friendship, sensuality, problem-solving and emotional support. Group setting -- 8 to 14 hours.

Practical Application of Intimate Relationship Skills (PAIRS)

workshops are designed to create stable families and to provide partners with a lifetime of love and companionship. The PAIRS mission is to teach those attitudes, emotional understandings and behaviors that nurture and sustain healthy intimate relationships. Group setting -- 8 to 16 hours.

Settings for Relationship Renewal Workshops

- Traditional Classrooms
- Retreat and Conference Centers
- Destination Workshops
 - Cruises
 - Resorts
 - Adventure Travel
- Dual Learning Opportunities
 - Learn to Sail Weekend
 - Learn to Fly Fish
 - Wine Tasting
 - Cooking & Dining Classes
 - Outdoor Adventures

